



Republic of the Philippines
DEPARTMENT OF EDUCATION
Region VII, Central Visayas
DIVISION OF CEBU PROVINCE
Sudlon, Lahug, Cebu City



September 20, 2013

DIVISION MEMORANDUM

No. 561 s. 2013

**SEMINAR WORKSHOP ON DANCE ANALYSIS AND UNPUBLISHED
FOLK DANCES OF REGION VII**

**To: OIC, Assistant Superintendents
Education Supervisors/Coordinators
District Supervisors/OICs
Elementary and Secondary School Heads**

1. Attached is Regional Memorandum No. 533 s., 2013 entitled, "Seminar - Workshop on Dance Analysis and Unpublished Folk Dances of Region VII".
2. Wide dissemination of this Memorandum is desired.

ARDEN D. MONISIT, Ed. D.
Schools Division Superintendent

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REPUBLIKA NG PILIPINAS
REPUBLIC OF THE PHILIPPINES
KAGAWARAN NG EDUKASYON
DEPARTMENT OF EDUCATION
REHIYON VII, GITNANG VISAYAS
REGION VII, CENTRAL VISAYAS
Sudlon, Lahug, Cebu City




REGIONAL MEMORANDUM
No. 533 s, 2013

AUG 30 2013

To: Schools Division/City Superintendents
Officers-in-Charge of Regular Division

**SEMINAR-WORKSHOP ON DANCE ANALYSIS AND UNPUBLISHED
FOLK DANCES OF REGION VII**

1. There will be a Seminar-Workshop on Dance Analysis and Unpublished Folk Dances of Region VII on October 21-23, 2013 (Monday, Tuesday and Wednesday) at the Applied Nutrition Center (ANC), Baniad, Cebu City.
2. Objectives of the Seminar-Workshop are as follows:
 - * analyze the basic steps in Folk Dances;
 - * learn the beat, rhythm and measure in every dance step;
 - * interpret the simple steps of unpublished Folk Dances;
 - * propagate our Visayan Culture;
 - * execute the steps correctly; and
 - * develop the values of appreciation.
3. Participants to this Seminar-Workshop are the Elementary and the Secondary Teachers ages 25-35 years old, mentally and physically fit, who are actually teaching MAPEH/ P.E. Majors, and Cultural Coordinators from each Division. Attached is the list of identified and recommended teachers from each Division.
4. Participants are advised to bring the following:
 1. Medical Certificate
 2. Dancing Attire (leggings, jogging pants, loose t-shirts, face towel and rubber shoes)
 3. Rural Costumes
 4. CD cassette player with extension wire (by Division)
 5. Clear Book (for handouts)
5. Schools Division Superintendents should ensure that those teachers who have attended the said Workshop will echo the Seminar-Workshop on Dance Analysis and Unpublished Folk Dances to their respective Divisions.
6. A registration fee of Two Thousand Five Hundred Pcsos (P 2,500.00) shall be charged each participant to cover expenses for 3 days board and lodging chargeable against School /Division MOOE/local funds subject to the usual accounting and auditing rules and regulations. First meal is breakfast of October 21, 2013.
7. The registration fee of the Trainors is chargeable against Regional Funds, while traveling and other incidental expenses of the Trainors and participants are chargeable against School/ Division MOOE /local funds subject to the usual accounting and auditing rules and regulations
8. Participants are advised to report to the Applied Nutrition Center on October 21, 2013 at 6:00 a.m. for the Registration, Orientation, and Opening Program. First session will start at 10:00 a.m. (See attached Schedule of Activities).
9. Compliance with this Memorandum is desired.


CARMELITA T. DULANGON
Director III
Office of the Regional Director

CTD/VVG/MRM
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"ESQ 2015: Karapatan ng Lahat, Pamanagutan ng Lahat"

**TRAINING MATRIX SEMINAR –WORKSHOP
ON DANCE ANALYSIS AND UNPUBLISHED VISAYAS FOLKDANCES
October 21-23, 2013
Applied Nutrition Center (ANC), Banilad Cebu City**

DATE	TIME	ACTIVITIES	SESSION GUIDE/# TITLE	TOPICS	RESOUC E SPEAKER/ FACILITATOR	O.D./ P. O.
October 21, 2013 (Day 1)	6:00-9:00	Arrival of Participants/ Breakfast/ Registration			C/O Adelaine Luarez	
	9:00-9:30	Opening Program			C/O Nenita Jaralve	
	9:30-10:00	Pre-Test/ Groupings			C/O Nenita Jaralve/ Adelaine Luarez	
	10:00-12:00		Session Guide # 1- Dance Analysis	Basic Fundamental Position in Dancing/ Hands and Feet/ Dance Terms/	F-1 Niño Matillano F-2 Juvelyn Otero	Oliver Catacutan Nenita Jaralve
	12:00-1:00	Lunch				
	1:00-3:00		Session Guide # 2 Dance Analysis	Rhythm in Dance/ Key to System of Counting/ Counting & Equivalent Note Pattern	F-1 Humildad Daclan/ F-2 Abigail Myrrh T. Yap	
	3:00-6:00		Session Guide # 3 Dance Analysis	Basic Dance Steps with respective music	F-1 Juvelyn Otero/ Dr. Matilde R. Mayonila F-2 Rodrigo Apos Demonstrators: Kathryn Estenzo Nino Matillano Music: Abigail Yap/ Ricardo Quinicot/ Dr. Miriam Braganza	
	6:00-7:00	Dinner				
October 22, 2013 (Day 2)	7:00-7:30	Physical Activity			Dr. Matilde R. Mayonila	Adelaine Luarez/
	7:30-8:00	MOL			Group 1&2	
	8:00-10:00		Session Guide # 4 Dance Analysis using the 4 Dance Literature of Pilar , Bohol Unpublished Folk Dances	Dance Interpretation/ Formation/ Directions/ Alignment	F-1 Juvelyn Otero/ F-2 Niño Matillano	Oliver Catacutan
	10:00-12:00			Continuation of Dance Analysis(by group interpreting the Dance Literature of	F-1 Juvelyn Otero/ F-2 Niño Matillano/ Demonstrator :Rodrigo Apos	

	12:00-1:00	Lunch		"Unpublished Folk Dances"		
	1:00-3:00		Session Guide # 5 Dance Analysis	Jota Cambiobana/ Mag Vall	F-1 Rodrigo A. Apos F-2 Kathryn Entenso Demonstrators: Cebu Province Participants	
	3:00-5:00		Session Guide # 6 Note and Step Patterns and Corresponding Counts	Arms Positions used in Practice Steps/ Tempo Forms/ Abbreviated Music Terms/ Equivalent Terms	F-1 Abigail Myrrh T. Yap F-2 Humildad Daclan/Ricardo Quinicot Demonstrators: Juvelyn Otero and Rodrigo Apos/ Kathryn Estenzo/ Niño Matillano	
	5:00-6:00		Session Guide # 7 Dance Combination	Suggestions for Teaching Dance Step/ Music Terms/ Dance Combination	F-1 Kathryn Estenzo F-2 Ricardo Quinicot Demonstrator: Juvelyn Otero/ Niño Matillano	
	6:00-6:30	Dinner				
	6:30-7:00			Meeting to all Trainers/ Members of the Working Committee/ Support Staff	C/O Dr. M. Mayonila	
	7:00-8:00			Continuation of Practice of Assign dances for Group Presentations	C/O Trainers/ Tutors	
October 23, 2013 (Day 3)	7:00-7:30	Physical Activity(Review all dances learned from Day 1-2			C/O Resource Speakers	Virginia Cayon/ Nenita Jaralve
	7:30-8:00	MOL			C/O Group III	
	8:00-10:00		Session Guide # 8 Unpublished Folk Dance "Likos"	"Likos"	Ricardo Quinicot Demonstrators: Negros Oriental Participants	

DATE	TIME	ACTIVITIES	SESSION GUIDE TITLE	TOPICS	RESOURCE SPEAKERS
	10:00-11:00	Post Test/ Evaluation			C/O JARALVE/ BOOC
	11:00-12:00	Practice of assign dance for closing (by group)			C/O Coach/ Tutors
	12:00-1:00	Lunch			
	1:00-2:00	Closing			

		Program			
	2:00-3:00	Homeward Bound			

**IDENTIFIED PARTICIPANTS AND LIST OF TRAINORS IN SEMINAR –
WORKSHOP IN DANCE ANALYSIS AND UNPUBLISHED RO VII FOLKDANCES**
October 21-23, 2013
APPLIED NUTRITION CENTER (ANC)
BANILAD CEBU CITY

I. BAIS CITY DIVISION

1. Malabosa , Jennifer
2. Silva , Richelle
3. Bata-in , Francis
4. Catacutan , Oliver

II. NEGROS ORIENTAL DIVISION

5. Alar , Dan
6. Planteras , Clair
7. Viason , Vincent Pascual
8. Dejos , Louie
9. Jainar , Junelo
10. Mirafior , Emce
11. Analita , Tagbar
12. Tabio , Allan

III. DUMAGUETE CITY SCHOOLS DIVISION

13. Sayson , Angelo
14. Torres , Ruel A.
15. Mirafior , Randy F.
16. Sun , Dwight Ensenio

IV. MANDAUE CITY DIVISION

17. Gigtenta , Gay Marie
18. Cobarde , Howel
19. Manzado , Ken Norway
20. Quizeo , Joyce
21. Luarez , Adelaine

V. NAGA CITY DIVISION

22. Ababan , Ryan
23. Dakay , Jenelyn
24. Rimas , Gina
25. Aurestila , Alberto

VI. TAGBILARAN CITY DIVISION

26. Martinez , Juvel
27. Gumapac , Edison
28. Bogotano , Miralo
29. Ocio , Flordileza
30. Barrete , Joseph

VII. GUIHULNGAN CITY DIVISION

31. Mananquil , Jeppe
32. Ricablanca , Benito
33. Atov , Veronica

34. Indino , Beverly
 35. Bayawa , Ardale

VIII. CARCAR CITY DIVISION

36. Serial , Cocertncy S.
 37. Villarta , Mayo Bonito
 38. Alegrado , Rey

IX. BAYAWAN CITY DIVISION

39. Pomada , Merwin
 40. Misión , Lorna
 41. Makiputin , Susan C.
 42. Pomada , Emmanuel

X. BOGO CITY DIVISION

43. Bicol , Asteria L.
 44. Presillas , Claire U.
 45. Pelayo , Aldin Mars
 46. Ursal , Bonifacio

XI. BOHOL DIVISION

47. Tumamos , Dino
 48. Arais , Teresa
 49. Gudia , Crisanto
 50. Sumagaysay , Riza
 51. Delda , Reno
 52. Asilo , Necel
 53. Calatrava , Cirilo
 54. Ayson , Jeanylette

XII. CEBU PROVINCE DIVISION

55. Dignos , Arne Larae
 56. Macol , Ruditha
 57. Soberano , Jonna Kristine
 58. Napoles , Jose Gary
 59. Artiaga , Jennifer
 60. Jaralve , Nenita
 61. Cayon , Virginia

XIII. TANJAY CITY DIVISION

62. Sojor , Cyrus Von
 63. Sigasig , Eva Jenny

XIV. TOLEDO CITY DIVISION

64. Manegro , Recolito Jr.
 65. Dingding , Maricar
 66. Barquen , Jacques
 67. Mendrez , Venna Grace
 68. Vistro , Faith
 69. Ricaplaza , Zandro
 70. Aliñabon , Alvin

XV. CEBU CITY DIVISION

71. Ventures , Ann Ventures
76. Labastida , Jennifer
77. Dumaran , Mary Ann

XVI. TALISAY CITY DIVISION

78. Cañada , Richie
79. Arriesgado , Reglyn
80. Cabanca , Hector
81. Bebora , Daryll
82. Abaquita , Mayonito

LIST OF TRAINORS

1. Juvelyn Otero Cebu City
2. Niño Matillano Mandaue City Division
3. Humildad Daclan Talisay City Division
4. Abigail Myrrh T. Yap Dumaguete City Division
5. Ricardo Quinicot Negros Oriental Division
6. Rodrigo Apos Cebu Province
7. Katheryn Estenzo Carcar City Division

WORKING COMMITTEE

Registration/ Certificates (Appearance and Participation) Pre-Post Test

Adelaine Luarez Chairman
Niño Matillano Member

Program (Opening /Closing Program), Evaluation

Nenita Jaralve Chairman
Virginia Cayon Co-Chair

Officer-in-Charge/ Process Observers

Dr. Adelaine Luarez Chairman
Nenita Jaralve Co-Chair
Virginia Cayon Member
Oliver Catacutan

Training Managers

Dr. Emiliano Elnar
Dr. Vivian G. Ginete
Lca Apao

Over-All Training/ Program Coordinator

Dr. Matilde R. Mayonila

ICT

Alvin Alifabon
Rey Cabatingan

Documentors:

Steel Camera

Brigolito Brigole

Video Camera

Emmanuel Mendoza

Documentors (Daily Written Reports)

Rosa Cabotaje

Kenneth Joy Biasong